



# **DREGS FROM THE KEG**

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**LOTS OF EVENTS COMING UP!  
ARE YOU BREWING?**

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## Strand Brewers Club Meeting April 8<sup>th</sup> at 7 pm



1311 Post Avenue, Torrance, CA 90501

## Foam at the Top

[Ryan Penrod](#), Strand President

I just finished submitting an entry for the [AHA Radegast Club of the Year](#) Competition. I think our club's chances of winning are much better than if I had not. Speaking of the AHA, the [National Homebrewers Conference](#) is in San Diego this June. So far about 19 Strand Brewers Club members are attending. Last I checked there were still tickets available and we have more hotel space than we need at this point. The Strand Brewers Club will have a booth for club night and we are also considering hosting at the club social. I would like to see us make a good showing for our club. We will need a lot of beer!



The March Final Friday was at Select Beer and it happened to coincide with a Modern Times tap take over. Some of the hard to find hoppy Modern Times Beers were on tap along with the great bottle selection at Select. These events are always great fun because we don't have any formal meeting. We just get to enjoy the beer and discuss our brewing exploits. I learned

that Dan Parker got a picture featured in Beer Paper. Congratulations Dan!



Dan Parker's picture that appeared in Beer Paper.

At the last few meetings we have had some great beers and some interesting discussions. Greg Foster has conducted two "ExBEERiments," Steve Gardner brought some beers made from harvested yeast, Jill Updyke is working to refine her porter recipe, and Bob Wilson is refining his brewing process design. If I didn't talk to you about what you are brewing, I apologize. There are a lot of great things Strand Brewers Club



members are doing and they deserve more than a mention in a Dregs article. Many of these topics would make great meeting subjects, or articles for The Dregs, to educate the whole club.

The Strand Brewers Club has a busy next few months. On the weekend beginning Friday, April 17<sup>th</sup>, my daughter's school has their spring fundraiser. The Fiesta features music, food, and a beer garden. There should be 45 gallons of homebrew on tap on Saturday, April 18<sup>th</sup>. My wife tells me the carne asada tacos are fabulous!

The first weekend of May is the [Southern California Homebrewers Festival](#). We are having an intra-club competition at our April club meeting to decide whose stout will represent our club in the SCHF Bragging Rights Only Competition. Registration for the SCHF is open through April 16<sup>th</sup> and there are camping spaces available. And we'll need a lot of beer!

Two weeks later is [Bite at the Beach](#). We are sharing a booth with Pacific Gravity. Donating a keg or a case of bottles earns you free admission. Tickets cost \$100, so free admission is a pretty good deal. Strand Brewers Club members participated last year and said the event was a lot of fun. Then in June there is the NHC conference I have already discussed. In addition to all these events, the Mayfaire Homebrew Competition and other important competitions are coming on. Keep brewing and let's have some strong competition entries.

## Spent Grains

[Chris Remensperger](#), Strand Treasurer

Strand Brewers Club relies on dues and raffle entries for the majority of our income, so if you have yet to settle your membership, now is a great time. The good news is that there are many ways to pay. As always you may pay your dues on our website [www.strandbrewersclub.org/membership](http://www.strandbrewersclub.org/membership), in addition to cash, check, or credit card at a club meeting.

It is even more important to make sure your dues are paid soon. The new Strand Brewers Club Membership Cards are coming. Cards will be printed monthly prior to club meetings for paying members (and spouses).

And we have club merchandise. If you did not get a chance to see the new club tulip glasses at the last meeting, they are gorgeous. They are \$6 per glass, or 2 for \$10.

See you at the next meeting.

## What's On Tap

[Bob Wilson](#), Strand Activities Director

### COMPETITIONS

#### [San Mateo County Fair Homebrewed Beer Competition](#)

**Entries due April 1<sup>st</sup>.**

Judging: April 25<sup>th</sup>, San Mateo, CA.

Entry fee: \$6.

Contact: [Jenifer Toor](#)

Phone: 650-627-6441

#### [2015 Mayfaire Homebrew Competition](#)

**Registration closes April 9<sup>th</sup>.**

**Entries due April 10<sup>th</sup>.**

Judging: April 25<sup>th</sup>.

Entry Fee: \$9.

Contact: [Ed Kochanowski](#)

Phone: 818-917-2467

The first big homebrew competition of the year is on the horizon! As usual, we will coordinate delivering any beer dropped off at South Bay Brewing Supply Co. Note the Maltose Falcons are hosting this competition and they have their own [style guidelines](#), which may be viewed on their website. This is one of the competitions that contributes to the Anchor California Homebrew Club of the Year Award, so let's get brewing! For brewers new to competitions, feel free to contact any of the officers for advice on issues like packaging, determining what category to enter, or just general questions like how competitions really work!

### 2015 Napa Homebrewers Classic

**Entries due April 11<sup>th</sup>.**

Judging: May 2<sup>nd</sup> at the Napa Valley Wine Train Commissary.

Entry fee: \$9.

Contact: [Mike Riddle](#)

Phone: 707-337-8088

### Hop Courage Great American Homebrew Contest

**Register by April 15<sup>th</sup>.**

**Entries due April 22<sup>nd</sup>.**

Judging: April 25<sup>th</sup>, Los Angeles, CA.

Entry fee: \$30 for first entry, \$10 for each additional entry.

Contact: [Chris Thomas](#)

Phone: 615-525-7058

### 2015 Chico Homebrew Competition

**Entries due April 18<sup>th</sup>.**

Judging: April 26<sup>th</sup>, Chico, CA.

Entry fee: \$7.

Contact: [John Abbott](#)

Phone: 530-521-0418

### The Bruery – BATCH #??? Competition

**Entries due April 22<sup>nd</sup>.**

Judging: April 26<sup>th</sup>, Placentia, CA.

Entry fee: \$10.

Contact: [John Abbott](#)

Phone: 530-521-0418

### Alameda County Fair Homebrew Competition

**Entries due April 18<sup>th</sup>.**

Judging: May 9<sup>th</sup>, Pleasanton, CA.

Entry fee: \$9.

Contact: [Roger St. Denis](#)

Phone: 408-225-5834

### Marin County Fair Homebrewing Competition

**Entries due April 24<sup>th</sup>.**

Judging: May 3<sup>rd</sup>, San Rafael, CA.

Entry fee: \$10.

Contact: Joe Capone

Phone: 415-883-7300

### Orange County Fair Homebrew Competition

**Register by May 1<sup>st</sup>.**

**Entries due May 9<sup>th</sup>.**

Judging: May 16<sup>th</sup>, Costa Mesa, CA.

Entry fee: \$5.

Contact: [Julie MacRae](#)

### California State Fair Homebrew Competition

**Entries due May 2<sup>nd</sup>.**

Judging: May 28<sup>th</sup>, West Sacramento, CA.

Entry fee: \$15.

Contact: [David Teckam](#)

Phone: 916-236-8407

### San Diego County Fair Homebrew Competition

**Entries due May 8<sup>th</sup>.**

Judging: May 29<sup>th</sup>, Del Mar, CA.

Entry fee: \$10.

Contact: [Kate Mueller](#)

Phone: 858-792-4245

### Sonoma County Home Brewer's Competition

**Entries due May 13<sup>th</sup>.**

Judging: May 23<sup>rd</sup>, Petaluma, CA.

Entry fee: \$25.

Contact: [Christine Aluia](#)

Phone: 707-780-2839

### Go for the Glory Bracket Competition

**Entries due June 19<sup>th</sup>.**

Judging: June 27<sup>th</sup>, Sacramento, CA.

Entry fee: \$8 for first entry, \$6 each additional entry.

Contact: [Mike Brennan](#)

Phone: 916-213-8744

### Amador County Fair Homebrew Competition

**Entries due June 27<sup>th</sup>.**

Judging: July 11<sup>th</sup>, Plymouth, CA.

Entry fee: \$6.

Contact: William Tarchala

Phone: 559-321-3430

### Antelope Valley Fair

**Entries due TBD.**

Judging: July 18<sup>th</sup>, Lancaster, CA.

Entry fee: \$TBD.

Contact: [Cory Cordovano](#)

Phone: 661-305-9166

### Ventura County Fair Amateur Home Brewing Competition

**Entries due August 1<sup>st</sup>.**

Judging: August 2<sup>nd</sup>, Ventura, CA.

Entry fee: \$5.

Contact: [Michelle Brown](#)

Phone: 805-701-7458

## Queen of Beer Womens Homebrew Competition

**Entries due October 10<sup>th</sup>.**

Judging: October 17<sup>th</sup>, Placerville, CA.

Entry fee: \$8 first entry, \$6 each additional entry.

Contact: [Elizabeth Zangari](#)

Phone: 530-957-8912

### **2015 Pacific Brewers Cup**

The Strand Brewers Club is hosting the PBC this year. Rives Borland is the Organizer and will be needing help from all of us. Please be ready to volunteer.

## **STRAND BREWERS CLUB EVENTS**

### **Iron Brewer**

Although I missed the March meeting, I heard there were some great entries! Congratulations to Rich Thornton. We have a dynasty brewing! The July meeting will be our next round of the Iron Brewer, so get brewing!

The only rule is that all three ingredients must be used. Multiple entries are permitted. Happy brewing! (Note you have your choice on hops for the July meeting. We initially chose Southern Cross, but some folks had trouble finding them, so we switched to Nelson Sauvin. But then Ryan bought a bunch of Southern Cross hops, so we're switching back. We'll allow either due to the confusion.)

### **Strand Brewers Club Iron Brewer Challenge**

#### **Round 2**

July 8, 2015 Club Meeting

Ingredients: Nelson Sauvin or Southern Cross Hops, Rye, and Peaches

#### **Round 3**

October 14, 2015 Club Meeting

Ingredients: Palisade Hops, Crystal Malt, and Ginger



Rich Thornton, 2015 Round 1 Iron Brewer Champion. Jeff Sanders says, "Nooooooo!"



Officers meeting at El Segundo Brewery.

### **Final Fridays**

April 24th is Final Friday! Let's meet at El Segundo Brewing Company at 7PM! And if we're feeling crowded, we can head over to Rock & Brews!



## Final Fridays Schedule

Date	Location
April 24 <sup>th</sup>	El Segundo Brewing Company and/or Rock & Brews El Segundo
May 29 <sup>th</sup>	Monkish in Torrance
June 26 <sup>th</sup>	Strand Brewing in Torrance
July 31 <sup>st</sup>	King Harbor Brewing in north Redondo
August 28 <sup>th</sup>	Absolution Brewing in Torrance
September 25 <sup>th</sup>	Dude's Brewing in Torrance
October 30 <sup>th</sup>	I assume there will be new breweries in Torrance by this time.
November 27 <sup>th</sup>	Does anyone actually want to do this the day after Thanksgiving?
December 25 <sup>th</sup>	Merry Christmas! Go spend time with your families!

## Single Hop Tasting

New hop varieties are being introduced all the time! How can a homebrewer keep up with it all? Last year several members brewed beers differing only in the hops used. It was a fun and educational way of sampling various hops, and we'll be doing it again this year! Stay tuned for details!

## BBBB . . .

Our annual Beer, Beach, Bikes (alliterative) Barcrawl takes us along the strand. This year's BBBB . . . Barcrawl will be on August 15<sup>th</sup>. Details to follow.

## BEER EVENTS

### [Southern California Homebrewers Festival](#)

May 1<sup>st</sup> – 3<sup>rd</sup>

Strand Brewers have procured 11 campsites at [Vail Lake](#) (near Temecula, CA). If you are interested in attending, contact Bob Wilson at [activities@strandbrewersclub.org](mailto:activities@strandbrewersclub.org) and he will point you to a campsite leader. Note: you

must be a [California Homebrewers Association](#) member to attend (\$10) and there is an additional fee to attend the festival (\$35 until registration is closed on April 17<sup>th</sup>). Buy your tickets for the 2015 SCHF before it is sold out.



You'll meet the most interesting people at the Southern California Homebrewers Festival.

### [2015 National Homebrewers Conference](#)

June 11<sup>th</sup> – 13<sup>th</sup>

This year's NHC is in San Diego! Looks like the Strand Brewers Club will have a strong showing!



Remember to brew for the Bite at the Beach, May 16<sup>th</sup>.

### **2015 Strand Brewer of the Year**

[Rick Wirsing](#), Dregs Editor

The 2015 Strand Brewer of the Year contest is underway. The current standings are as follows.

Member Name	Points
Rick Wirsing	12
Chris Remensperger	11
Rich Thornton	8
Rives Borland Jeff Sanders Jim Wilson	7
Ryan Penrod	6
Jay Ankeney Dan Parker	5
Rick Pearce Chris Sousa-Wynn Jill Updyke Bob Wilson	4
Edgar Cuevas Steve Gardner Jeff Hoy Hunter Thatcher	3
Anthony Brownstone Steve Fafard Trey	2
Ken Bones Ron Cooper Nate Federman Jimmy Gallenbach Jason Light Rob Proffitt Alex Schlee	1

If you did something that would earn points for you, make sure to let [Ryan Penrod](#) know.

## Strand Brewers' Irish Heritage

Jay Ankeney

Some of our newer members may not know that when Strand Brewers say our club “rocks”, that is meant not as an adjective but as a very active verb. Or, as one of the owners of Culver City Homebrew recently told me, “This club is the most ‘doing’ homebrew club in SoCal.”

That’s because, despite the membership count of our memorable cadre, we Strand Brewers are a brewing and doing group.

You can see this reflected in the gusto already being poured into organizing this year’s Pacific Brewers Cup. (If you are not yet involved, contact the organizer, Rives Borland) But while I was watching the St. Patrick’s Day Parade in Hermosa Beach last month it brought back memories of those halcyon days when The Strand Brewers were annual participants. We’d decorate an RV and use it to tow a trailer festooned with “Erin Go Brew” banners and our dispensing booth in it.

Here’s what the Strand Leprechauns looked like in those years.



Jay Ankeney, Strand Leprechaun.





Strand Brewers Club on parade.



The Strand Brewers' bar was in the parades.



And so was the Strand Brewers' surf board.

Then in 2008 the Hermosa Parade Committee banned all beer-related groups from marching in the event. Rumor has it, however, that ever since then somehow the Strand Brewers club was still able to find beer and homebrew to enjoy on St. Patrick's Day.

## MORE BAKING WITH SPENT GRAINS

[Rick Wirsing](#), Dregs Editor

At the March club meeting I brought cocoa peanut butter cookies. Several members have asked me for the recipe. So here it is.

### Cocoa Peanut Butter Wheel Cookies

#### Cocoa Dough Ingredients

- 1/2 cup spent grain flour
- 1 cup all-purpose flour
- 1/2 cup unsweetened Dutch-processed cocoa powder (or whatever cocoa powder you can find)
- 1/2 teaspoon baking soda
- 1 stick unsalted butter
- 1/4 cup peanut butter
- 1/2 cup brown sugar
- 1 egg
- 1 tablespoon milk
- 1 teaspoon pure vanilla extract

#### Peanut Butter Filling Ingredients

- 3/4 cup sifted powdered sugar
  - 1/2 cup peanut butter
- And more ingredients
- granulated sugar

### Making the Cocoa Dough.

In a medium bowl, stir together flours, cocoa powder and baking soda. Set aside.

In a large mixing bowl, beat butter and 1/4 cup peanut butter with an electric mixer on medium to high speed for 30 seconds. Add sugar, beat until combined. Beat in egg, milk and vanilla. Beat in as much of the flour mixture as you can with the mixer. Stir in any remaining flour mixture. Shape this mess into balls, approximately 1 1/4 inch in diameter. The original recipe says you should get 32 balls. I've never gotten that many. Apparently my balls are too big. Set aside these cocoa dough balls.



### Making the Peanut Butter Filling.

For the filling, in a medium bowl, combine powdered sugar and the 1/2 cup peanut butter until smooth. Shape into balls approximately 3/4 inch in diameter. You will need the same number of balls of the filling as you made out of the cocoa dough.

### Forming the cookies.

For each cookie, slightly flatten a cocoa dough ball and top with a peanut butter filling ball. Shape cocoa dough completely around the filling, roll into a ball. Place 2 inches apart on an ungreased cookie sheet. Lightly flatten with bottom of a glass dipped in granulated sugar.

Bake at 350 degrees for about 8 minutes or just until set and slightly cracked. Cool on cookie sheet for 1 minute. Transfer to a wire rack, cool. If there are any left after you are done letting them cool, put them in an airtight container.



When I remember, I put my plate chiller in the oven during baking so that it is disinfected.



Yum!

## Tell Us What You Are Doing

Come on you'all! Don't get all self conscious! We need and want your stories for The Dregs. Upgrade your brewery? Fine tune your brewing? Take a road trip? Do well in a competition? Have recipes to share? Read a good beer book? Write it up! Have club related pictures? Send all that, and anything else you think would be interesting, to [Rick Wirsing](#). Everybody will thank you!

## What We Stand For

The objectives of the Strand Brewers Club are to brew beer and share information about the brewing, presentation, consumption, judging, and history of beer. We promote and encourage homebrewing competition and hope to foster general goodwill through the making and consuming of this noble and most excellent beverage. We aim to brew the best damn beer.

It is our policy to brew and consume beer strictly for fun. Under no circumstances does the Strand Brewers Club support or condone, in any manner, the violation of any law, including the sale or barter of homebrewed beer, the operation of a motor vehicle under the influence of alcohol by a member or a participant in any club event, or the provision of alcohol to minors.



Prizes! Prizes! Raffle Prizes! Remember to buy tickets to win at the meetings.

### **Mentors**

The following members have volunteered to answer your brewing questions and to help beginning brewers learn the craft. You should take advantage of their expertise.

Jay Ankeney	310-545-3983	<a href="mailto:jayankeney@mac.com">jayankeney@mac.com</a>	Manhattan Beach
Jim Hilbing	310-798-0911	<a href="mailto:james@hilbing.us">james@hilbing.us</a>	Redondo Beach
Jim Wilson	310-316-2374	<a href="mailto:jim7258@gmail.com">jim7258@gmail.com</a>	Redondo Beach
Steve Fafard	310-373-1724	<a href="mailto:sfafard@cox.net">sfafard@cox.net</a>	Rolling Hills Estates

### **2015 Club Officers**

President	Ryan Penrod	310-971-6757	<a href="mailto:penrod_25@yahoo.com">penrod_25@yahoo.com</a>
Vice-President	Rich Thornton	310-376-5751	<a href="mailto:rich.one@earthlink.net">rich.one@earthlink.net</a>
Treasurer	Chris Remensperger	310-863-6222	<a href="mailto:remensperger@icloud.com">remensperger@icloud.com</a>
Activities	Bob Wilson	310-849-8154	<a href="mailto:millstadt@gmail.com">millstadt@gmail.com</a>
Administrator	David Eaves	310-806-2772	<a href="mailto:david.eaves@yahoo.com">david.eaves@yahoo.com</a>
Dregs Editor	Rick Wirsing	310-872-9915	<a href="mailto:rmwirsing@gmail.com">rmwirsing@gmail.com</a>



# TRUE



NASA IS CONDUCTING A STUDY OF IDENTICAL TWINS - ASTRONAUTS MARK AND SCOTT KELLY - TO EVALUATE THE PHYSICAL AND EMOTIONAL EFFECTS OF SPACE TRAVEL.

MARK KELLY WILL STAY ON EARTH WHILE SCOTT KELLY WILL SPEND A YEAR ON THE INTERNATIONAL SPACE STATION.



THE FIRST EMOTIONAL IMPACT RECOGNIZED IN THE STUDY WAS NOTED WHEN SCOTT WAS TOLD THAT MARK WILL BE ALLOWED TO MAKE AND DRINK HOMEBREW WHILE SCOTT IS IN SPACE.

